

Commonwealth of Kentucky Personnel Cabinet

501 High Street Frankfort, Kentucky 40601

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Department of Employee Insurance 2<sup>nd</sup> Floor, State Office Building

## **HRG Memorandum 15-27**

To: KEHP Human Resource Generalists (HRGs)

From: Department of Employee Insurance (DEI)

Re: 15-Day Dash

Date: October 8, 2015

The inaugural KEHP 15-Day Dash ended on September 30. Over 11,000 KEHP members participated.

Combined, KEHP members walked more than **1.7 billion steps**, enough to circle the earth 32 times!

Below is the link to the results from our 15-Day Dash. This proved to be a tremendous success in terms of participation and engagement. Not only was there healthy competition but also a sense of community spirit to increase physical activity.

We hope to continue engaging our members in events such as this in the future.

https://livingwell.ky.gov/Pages/dashwinners.aspx

Thank you for your continued support.

